

SURGICAL INSTRUCTIONS

It is important that you follow these instructions. Please read them well in advance of your procedure.

TRANSPORTATION REMINDER

Please arrange for a responsible driver to take you home the day of your procedure as the effects of medication administered during your procedure will impair mental and motor responses.

TWO TO SEVEN DAYS PRIOR TO YOUR PROCEDURE

- Discontinue aspirin, Excedrin, BC Powder, and Ecotrin five to seven days prior to your surgery
- Bring any medication that must be taken in the morning with you the day of your surgery
- Please notify the physician's offices if you have had any recent fevers or infections
- Please notify Dr. Shani if you have any health conditions such as heart disease, lung disease, urinary problems, or substance abuse problems. You may be required to have additional diagnostic and lab testing or an appointment with primary care physician to receive clearance prior to surgery.
- You will be called by Memorial Herman Pre-op Department to set up appointment for preoperative work up and instructions

THE DAY OF YOUR PROCEDURE

Do not eat or drink anything after midnight the day of your surgery. This includes gum, mints, and hard candy. You may brush your teeth the day of surgery but **DO NOT SWALLOW** any toothpaste or water

Your surgery will be cancelled and rescheduled if anything has been consumed

- You **MUST** have an adult driver (18 yrs or older) with you to take you home and accept responsibility for you. You **WILL NOT** be allowed to leave for home **ALONE**.
- Leave all valuables /jewelry at home
- Wear loose and comfortable clothing
- Bring picture ID
- You will have an IV started prior to procedure
- It is best if the party providing your transportation remains in the facility. If they cannot, they must provide a number where they can be immediately reached.
- Detailed home care instructions will be provided to you and your responsibility party before you are discharged